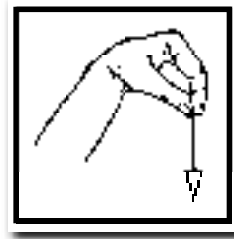


PENDULUM INSTRUCTIONS

© 2002 George Goodenow, Dowser

1 Holding the Pendulum

Hold the pendulum chain like a grain of rice between your thumb and first finger. Hold about one to three inches of chain. Try not to hold the top. However, whatever length is comfortable for you is the right way. Place your elbow on a tabletop, and lower the "bob" to approximately 1 inch over the center of the chart.



2 Programming

With the pendulum "bob" over the center of the chart below, start swinging the pendulum over the "YES" direction and say out loud:

"The following program is to be continually in effect until I choose to make changes: every time the pendulum swings in this direction it will indicate a "YES" answer."

Stop swinging the pendulum. Now swing the pendulum over the "NO" direction.

"Every time the pendulum swings in this direction it will indicate a "NO" answer."

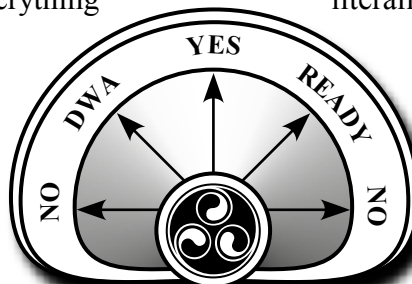
Stop swinging the pendulum. Now swing the pendulum over the "READY" position.

"Everytime the pendulum swings in this direction it will indicate 'READY TO ASK A QUESTION,' If it continues to swing in this direction it will indicate 'MAYBE.' End of program. Thank you."

You have now set up a code between your conscious and your subconscious. The subconscious is the gateway to all of your information using the pendulum. To check your programming, ask your name correctly and incorrectly. Repeat step 2 until you get accurate answers. It can take a few minutes or days. Once the program works, you never have to repeat it.

3 Asking Questions

- Ask questions **while the pendulum is swinging** in the "READY POSITION." Ask yes or no questions. The swinging pendulum will slowly move to the answer position.
- Ask permission (optional). Dowzers always ask, "May I? Can I? Should I?" and declare all answers will be for your highest good at the beginning of sessions. Always Dowse for "need" not "greed."
(“May I” means: Do I have permission? “Can I” means: Do I have the ability to successfully use the pendulum for this domain of information? Should I means: Considering all aspects related to this situation would it be proper, appropriate, and suitable for me to learn information in this area?)
- Do not assume questions can be answered by what you are thinking or meaning. The subconscious uses the opposite logic system (deductive) than our conscious mind (inductive). The subconscious takes everything literally. Ask specific questions. No cliches.



XEONIX INC.

DWA = Don't want to answer